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2019 COWES-DINARD-ST MALO RACE SAILING INSTRUCTIONS

AMENDED 09/07/19

ORGANISED BY THE ROYAL OCEAN RACING CLUB
IN ASSOCIATION WITH UNCL, YACHT CLUB DE DINARD, SOCIÉTÉ NAUTIQUE DE LA BAIE DE ST. MALO
AND THE ROYAL YACHT SQUADRON

FRIDAY 12TH JULY 2019

FIRST WARNING SIGNAL 0820

HW PORTSMOUTH 0825 4.1M

CONTACT DETAILS

	Race Committee	Coastguard	Race Office Address
Start	<p>Callsign "Ocean One" VHF Channel 72 (see also SI 8.2)</p> <p>Tel: +44 (0) 1983 295 144 SMS: +44 (0) 7797 805 885 Email: racing@rorc.org</p>	<p>Solent Coastguard VHF Channel 16 MMSI 002320011 +44 (0) 239 255 2100</p> <p>(used for emergencies)</p>	<p>The Disrespect 82, High Street Cowes Isle of Wight PO31 7AJ</p>
Finish	<p>Callsign "Ocean One" VHF Channel 72 (see also SI 8.2)</p> <p>Mobile: +44 (0) 7825 007 035 SMS: +44 (0) 7797 805 885 Email: racing@rorc.org</p>	<p>As above</p>	<p>Société Nautique de la Baie de St Malo Quai de Bajoyer 5 35400 St Malo</p>

**Boats retiring from the race must immediately notify the Race Committee.
Failure to comply may lead to exclusion from future RORC racing.**

THE ATTENTION OF EVERY PERSON IS DRAWN TO SPECIAL REGULATION 1.02 AND TO THE IMPORTANCE OF HAVING
SUITABLE AND ADEQUATE PERSONAL INSURANCE

SAILING INSTRUCTIONS

The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.
(RRS Fundamental Rule 4)

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 RRS part 2 rules will be replaced with the right-of-way rules of the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules, if applicable, between the times of local sunset and sunrise. A scoring penalty (SI 22.1.1) will be applicable during these times.
- 1.3 World Sailing's Offshore Special Regulations Category 3 with Category 2 Liferrafts, AIS Transponder and RORC Prescriptions.
- 1.4 The rules and regulations of appropriate Class rules; IRC Rules Parts A, B & C; Class40 and MOCRA Rules.

2 EQUIPMENT AND MEASUREMENT CHECKS

- 2.1 A boat or equipment may be inspected at any time for compliance with the rules and Sailing Instructions.

3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board located in the window of the RORC Office Cowes before the start and on a Notice Board in the Société Nautique de la Baie de St. Malo at the finish. Notices may be displayed on the RORC website.

4 NOTICE TO MARINERS

- 4.1 Competitors are reminded of their responsibility to take account of Notice to Mariners and should be particularly aware of:
- 4.2 Port of Southampton Precautionary Area – (Thorn Channel)
Competitors are reminded to maintain a constant watch for shipping movements, particularly in the Port of Southampton Precautionary Area (Thorn Channel).
Your attention is drawn to the ABP Notice to Mariners No.14 2019 which covers the movement of shipping and the likely vessel tracks. http://www.southamptonvts.co.uk/Port_Information/Navigation/Notices_to_Mariners/

5 AIS

- 5.1 All boats are required to have their AIS transceivers switched on and able to transmit (at least every 5 minutes) and receiving from 0730 on Friday 12th July and throughout the race.
- 5.2 A boat's AIS must transmit the boat's MMSI number and current racing name.
- 5.3 **Nothing shall be done to inhibit AIS transmissions. Yachts unable to meet these requirements shall submit comprehensive details of the reason on their Declaration Form and may be subject to protest. The penalty for breaking this rule is at the discretion of the Protest Committee and may include disqualification.**

6 CLASS FLAGS

Class	TCC Range	Class Flag
IRC Zero	1.275 and greater	Pennant 0
IRC One	1.101 – 1.274	Pennant 1
IRC Two	1.051 – 1.100	Pennant 2
IRC Three	1.004 – 1.050	Pennant 3
IRC Four	0.850 – 1.003	Pennant 4
Class40	n/a	Class Insignia
Multihull	1.170 and greater	Pennant 8

7 NUMBER OF PERSONS ABOARD

- 7.1 **After leaving the dock to race but not before 0700 and before passing through an identity gate each boat shall send an SMS (text) message from the declared onboard mobile phone to: +44 (0) 7797 805 885. The SMS (text) message shall contain the boat name, sail number and the number of persons on board.**
- 7.2 If the number of persons on board is less than that declared on RORC Sailgate then the full names of the persons not on board shall also be included in the SMS message. Warning: Boats which do not correctly SMS (text) crew numbers or persons not on board are liable to disqualification.
- 7.3 A boat shall not sail with a crew member whose Emergency Contact details have not been lodged on Sailgate before the start of the race.

8 COMMUNICATIONS

- 8.1 The Race Committee may broadcast information on VHF Ch.72, Call sign "Ocean One".
- 8.2 **Boats are reminded of their legal obligation to keep a continuous watch on VHF Ch.16.**
- 8.3 Boats are required to have their onboard mobile phone switched on at all times.
- 8.4 Inter-boat communication calls should when possible be on DSC or, VHF Ch.16 as a calling channel and VHF Ch.72 as a working channel.

9 IDENTITY GATE

- 9.1 **Before starting every yacht shall pass through an identity gate and receive acknowledgement from the Race Committee. Each boat shall have her engine running. On her port side lifelines, she shall display her sail numbers and letters. In addition a combined harness and lifejacket together with a safety line shall be worn by each member of the crew (in accordance with Special Regulations 5.01 and 5.02 and the RORC Prescriptions).**
- 9.2 There will be two identity gates; every yacht shall pass through only ONE of the gates as detailed below before starting. The gates will be available from **0700** until the last start, or longer at the discretion of the Race Committee.
- North Gate** - An identity gate will be established between Hamblewinterseries.com (4J - yellow buoy with "X" top mark) in approximate position 50°48'.63N 001°16'.65W and a gate boat displaying a blue flag with a white Seahorse and Crown and white border over a yellow flag lying to the East of Hamblewinterseries.com.
- A yacht using the North Gate shall pass once through the gate from North to South.
- South Gate** - An identity gate will be established between Cowes Corinthian Buoy (34 - yellow buoy with "X" top mark) in approximate position 50°46'.15N 001°17'.20W and a gate boat displaying a blue flag with a white seahorse and crown and white border over a yellow flag lying to the south of Cowes Corinthian Buoy.
- A yacht using the South Gate shall pass once through the gate from East to West.
- 9.3 **Warning:** Boats which do not pass through the identity gate correctly are liable to disqualification.
- 9.4 After the start when sail numbers are not displayed elsewhere (sails down) they shall be displayed secured to the lifelines on the port quarter.

10 STARTING TIMES AND SIGNALS

- 10.1 The race will be started by using RRS 26 with the warning signal being made 10 minutes before the starting signal.

Proposed Starting Times

IRC Four Warning Flag: Numeral 4	IRC Three Warning Flag: Numeral 3	IRC Two Warning Flag: Numeral 2	IRC One Warning Flag: Numeral 1	IRC Zero, Class40 & MOCRA Warning Flag: Numeral 0	Event	Signal
0820	0830	0840	0850	0900	Warning	Warning flag displayed
0826	0836	0846	0856	0906	Preparatory	Preparatory flag displayed
0829	0839	0849	0859	0909	One-minute	Preparatory flag removed
0830	0840	0850	0900	0910	Start	Warning flag removed

11 STARTING LINE

11.1 The starting line is formed by bringing the Royal Yacht Squadron's flagstaff into line with the white line on the orange diamond on the Castle. (As an aid to competitors, vertical light beams are installed at the RYS to identify the starting line transit. The intensity of the light beam increases as you approach the line, but the lights are momentarily obscured by the forward mast when you are on the line. The lights are navigational aids only and do not constitute the starting line. Any failure of this equipment shall be disregarded.)

Outer limit: (which is not on the starting line) Williams Shipping Buoy; leave to Starboard.

Inner limit: (which is not on the starting line) red/orange inflatable buoy up to 0.1nm from the RYS flagstaff; leave to Port.

11.2 The start will be to the West.

12 LATE AT THE START

12.1 If a boat has not previously come to the starting area at her preparatory signal and comes to the starting area under power (or being towed), they shall stop their engine (or drop their tow) and complete a Two-Turns penalty as specified in RRS 44.2 before starting.

12.2 No penalty will be imposed for an infringement of RRS 42 for complying with SI 12.1. This changes RRS 42 and 45.

13 AREAS THAT ARE OBSTRUCTIONS

13.1 A boat shall not enter an area designated as an Obstruction (ie TSS) – See Appendix A

13.2 Additionally, racing boats shall:

13.2.1 Not anchor or kedge in the cable and pipeline area between Stone Point and Gurnard Bay. This area is shown on Admiralty Chart 2036 and is between the line from Stansore Point to Egypt Point and the line from Inchmery House Lepe to Thorness Bay.

13.2.2 Not pass to the north of the beacon marking the obstruction of iron piles (Sowley Boom) to the East of Lymington near Durns Point.

14 THE COURSE

14.1 The course is listed in Appendix A.

15 REPORTING

15.1 In the event the Race Committee asks a boat to report (ie AIS failure), reporting should be done by SMS (+44 (0)7797 805 885), email (racing@rorc.org) or any other means possible. Reports shall include:

Name of boat and Sail Number

Date/time (BST)/position

Course and Speed over the Ground

16 TIME LIMIT

16.1 There is no time limit for the race.

17 THE FINISH

17.1 The finish line runs roughly 0.1nm **North-East** from Buharats West No.2 Buoy.

17.2 A committee boat may be on station near the end of the line. It will display a blue RORC flag with a white border and Seahorse; and a constant blue light at night.

17.3 **All boats are required to call "Ocean One" on VHF Ch72 when 15 minutes from the finish.**

17.4 To aid with identification, when finishing at night, boats shall shine a spotlight on their sail numbers and call "Ocean One" on VHF Ch72 immediately after finishing.

17.5 Boats are reminded to take their own finishing times (BST) together with the names of the boats ahead and astern, if any. Finishing times shall be delivered to the RORC as soon as possible in per SI 18.

18 RACE FINISH DECLARATIONS

18.1 After finishing or retiring, boats shall complete and submit a Declaration Form to the Race Committee as soon as possible, but **not later than 24 hours after the end of the race**. Every member of the crew shall sign the Declaration Form. Failure to comply with this rule may result in the boat being excluded from the results. When a boat retires from a race she shall write the reasons on her Declaration Form.

18.2 When after a race a boat cannot promptly deliver the Declaration Form she shall without delay telephone the Race Committee, confirm that she has finished racing and give her time of finishing in BST. In this case the completed Declaration Form may be scanned and emailed to racing@rorc.org.

19 RETIREMENTS AND NON STARTERS

- 19.1 Retirements and non-starters must promptly inform the Race Committee. It is imperative that boats that are no longer competing can be excluded from any Search & Rescue operation. Failure to comply with this rule may lead to disqualification or exclusion from future RORC racing.**

20 USE OF ENGINE

- 20.1 When a boat uses its engine, e.g. to avoid collision or in a grave emergency, the facts shall be reported on her declaration.

21 TEMPORARY DISCONTINUANCE OF RACING

- 21.1 If a boat makes fast in order to take shelter or in an emergency, the crew may temporarily leave the boat to handle her moorings.
- 21.2 If she uses her engine for propulsion she shall, on rejoining the race, return to the spot where she began to use her engine, stop her engine and complete a Two-Turns penalty as specified in RRS 44.2 before continuing to race from that spot. She shall report the circumstances on her declaration. This changes RRS 45 & 47.2.

22 PENALTIES

22.1 Scoring Penalty:

- 22.1.1 When the right-of-way rules of IPCAS or government rules apply (between the hours of sunset and sunrise) a scoring penalty applies (RRS 44.3).

- 22.1.2 The scoring penalty will be 10 minutes added to the boat's corrected time for each penalty.

22.2 Standard Penalties:

- 22.2.1 When at a boat's starting signal she is subject to RRS 29.1 Individual Recall and she fails to comply with RRS 29.1 to start correctly the Race Committee shall, without a hearing, apply a standard time penalty of 20%. This changes RRS 63.1 and A5.

- 22.2.2 For a minor or unavoidable breach of RRS 28 (Sailing the Course) the Race Committee shall, without a hearing, apply a standard time penalty of 20%. This changes RRS 63.1 and A5. For any other breach, the penalty shall be to retire.

- 22.2.3 For a breach of any area designated an Obstruction, e.g. Traffic Separation Schemes, the Race Committee shall, without a hearing, apply a standard time penalty of 20%, unless the breach was unavoidable and unintentional, and no advantage was gained. This changes RRS 63.1 and A5.

- 22.2.4 Should the Race Committee consider a standard penalty to be inappropriate, it may protest the boat.

- 22.2.5 If, in a valid hearing brought by the Race Committee under Sailing Instruction 22.2.4 or by another boat, a boat is found to have infringed RRS 28, 29.1 or Sailing Instruction 13 the penalty will be at the discretion of the Protest Committee, but will not be less than the standard penalty.

22.3 Grounds for Protest:

- 22.3.1 Breaches of Sailing Instruction 6, 9, 15 and 18 will not be grounds for protest by a boat. This changes RRS 60.1a.

22.4 Other Penalties:

- 22.4.1 When the Protest Committee decides that a boat that is party to a protest hearing has broken a rule other than RRS Part 1 and 2 or RRS 31 and that no serious damage or injury was caused, and no significant advantage has been gained, it may apply a time penalty of up to 20%. Should the Protest Committee decide that the breach was minor and unintentional it may at its discretion choose to give a warning.

23 PROTESTS AND REQUESTS FOR REDRESS

- 23.1 Protests may be written on plain paper, but Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

- 23.2 The protest time limit is 3 hours after the protesting boat finishes.

- 23.3 Notices will be posted no later than 30 minutes after the protest time limit for the last boat to finish the race.

- 23.4 The notification of a Protest by the Race or Protest Committee against a competitor as required under RRS 61.1(b) or (c) shall consist of a notice on the Official Notice Board at the finish.

24 SCORING

- 24.1 The Scoring System for Offshore Races, defined in Notice of Race 1.12.2, will apply.

25 TROPHIES AND PRIZES

- 25.1 The following Trophies will be awarded:

King Edward VII Cup – BCT IRC
 Derek Boyer Trophy – 2nd BCT IRC
 Lloyds of London Salver – IRC Z
 Noryema Trophy – IRC 1
 Yeoman Bowl – IRC 2
 Yacht Club de Dinard Trophy – IRC 3
 IR Trophy – IRC 4
 Slingshot Trophy – Two-Handed Division
 Passmore Bowl – BCT most numerous production boat class in IRC
 Sandison Memorial Salver – First Monohull Yacht Home
 Yacht Club de France Shield – awarded at the discretion of the Yacht Club de France
 Yachts and Yachting Cauldron – BCT MOCRA Rating Rule
 *John West Trophy – Club Challenge for two yacht teams scored in IRC Overall
 *Newcombe Hoare Trophy – BCT IRC yacht with 25% of the crew under 25 on the 13th July 2018
 *Spica Trophy – BCT IRC 4 yacht, under 38ft, with a crew made up of at least 3 family and friends

*To be eligible for these trophies, entrant must complete the official form, available from the RORC, and return it completed by 1700hrs on Thursday 11th July 2019. A telephone or VHF call will not be accepted as an entry.

25.2 Medallions:

25.2.1 RORC medallions will be presented as prizes for each class and division as follows:

Number of starters	6 – 8	9 – 15	16 – 24	25 or more
Prizes	2	3	4	5

25.2.2 When there are less than 6 starters in a class it may be combined for prizes with a neighbouring class.

26 RISK STATEMENT

- 26.1 Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”
- 26.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
 - their boat is in good order, equipped to sail in the event and they are fit to participate;
 - the provision of a race management team and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - they are responsible for ensuring that their boat is equipped and seaworthy so as to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed, in date and familiar to the crew.

27 INSURANCE

27.1 Each boat shall ensure that their boat is adequately insured, against all third party claims.

NOTICES TO COMPETITORS

(Notices are for information and do not rank as part of the Sailing Instructions)

Cowes Clubhouse

All competitors are welcome to use the Clubhouse which is situated on The Parade, Cowes. The bar is open all day and on Thursday evening dinner is available from 1900 to 2100 and open for breakfast from 0630hrs Friday. It is recommended that you book on +44 (0) 1983 293581 or by email: cowes@rorc.org

La Trophée Manche

The RORC Cowes-Dinard-St Malo Race is also part of the UNCL Championnat Manche Ouest Series.

Prizegiving Party

Trophies will be presented on Sunday 14th July at 1100 local time (1000 BST) followed by a drinks reception at the Société Nautique de la Baie de St Malo (SNBSM) situated in the North East Corner of the Bassin Vauban.

Medallions will be presented on Thursday 18th July, 1930 at the RORC Clubhouse, 20 St James's Place, London, SW1. All crews welcome.

Race Report

Louay Habib has been contracted by the RORC to write the race reports for the 2019 RORC season. The RORC will supply Louay with mobile telephone numbers for competitors so you may receive a call from Louay about the race.

St Malo Lock Times – Bassin Vauban

(All lock times are in Local Time – Times may vary at the discretion of the Port Captain).

Friday 12th July (HW 1626)	Inbound:	1356, 1456, 1556, 1656, 1756
	Outbound:	1426, 1526, 1626, 1726, 1826
Saturday 13th July (HW 0455 & 1732)	Inbound:	0225, 0325, 0425, 0525, 0625 1502, 1602, 1702, 1802, 1902
	Outbound:	0255, 0355, 0455, 0555, 0655 1532, 1632, 1732, 1832, 1932
Sunday 14th July (HW 0558 & 1828)	Inbound:	0328, 0428, 0528, 0628, 0728 1458, 1558, 1658, 1758, 1858
	Outbound:	0358, 0458, 0558, 0658, 0758 1528, 1628, 1728, 1828, 1928

Lock Time Calculator https://ports.bretagne.bzh/jcms/preprod_243738/fr/horaires-de-l-ecluse-du-port-de-saint-malo

Harbour Office in the Bassin Vauban Tel: +33 (0) 299 56 51 91 VHF Ch. 09

Les Bas Sablons Marina Tel: +33 (0) 299 81 71 34 VHF Ch. 09

APPENDIX A - 1 TRAFFIC SEPARATION SCHEMES (TSS)

A1.1 All TSS are designated as obstructions and competitors shall not enter them.

A1.2 The area of each TSS is a box A, B, C, D of which the co-ordinates of the edges are given.

TSS	Position (WGS84): Latitude Longitude	
Casquets TSS	A - 50° 03'.50N 002° 57'.40W	B - 50° 08'.60N 002° 28'.30W
	C - 49° 51'.30N 002° 21'.10W	D - 49° 46'.30N 002° 50'.30W

APPENDIX A - 2 THE COURSE

Order	Mark	Required Side; Leave to:	Position (WGS84)*	
			Latitude	Longitude
1	Casquets Lighthouse	Port	49° 43'.32N	002° 22'.63W
2	Les Hanois Lighthouse	Port	49° 26'.10N	002° 42'.15W
3	NW Minquiers Buoy	Port	48° 59'.63N	002° 20'.59W
4	SW Minquiers Buoy	Port	48° 54'.35N	002° 19'.41W
Finish	Buharats West No.2 Buoy	Starboard	48° 40'.22N	002° 07'.50W
Approximate Distance: 151nm				

* All mark positions are approximate