



RORC Vice Admirals Cup 2019

SAILING INSTRUCTIONS

Friday 10th – Sunday 12th May 2019.

The notation '[DP]' in a rule in the SI's means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The Regatta will be governed by the rules as defined in "The Racing Rules of Sailing" (RRS), including RYA Prescriptions. <https://www.rya.org.uk/SiteCollectionDocuments/Racing/RacingInformation/RacingRules/RYA%20Prescriptions%202017.pdf>
- 1.2 Class Rules; the rules and regulations of appropriate one design and/or class rules and IRC Rules parts A, B and C will apply. [DP]
- 1.3 Where Class Rules do not specify mandatory safety equipment World Sailing Inshore regulations, Appendix B inshore racing, will apply. All competitors are required to have a working VHF. [DP]

2 NOTICES TO COMPETITORS AND COMMUNICATIONS

- 2.1 Notices to competitors will be posted on the official notice board (ONB) located at the RORC Race Office, The Disrespect, 82 High Street, Cowes, Isle of Wight, PO31 7AJ.
- 2.2 The VHF call sign for the Race Committee (RC) will be:
 Course area 1 - "Ocean One" (Wet Wheels) VHF channel 72 will be used to communicate with Competitors.
 Course area 2 – "Ocean Two" (Cowes United) VHF channel 77 will be used to communicate with Competitors.
- 2.3 In addition to the ONB, a WhatsApp group with voluntary sign up, will be used to assist competitors to stay informed of RC intentions, notices, results, protest details and other information during the regatta. Sign up details will be available to all competitors from the race office.

3 SAFETY

- 3.1 Competitors are reminded of their responsibility to take account of Notice to Mariners and should be particularly aware of the Port of Southampton Precautionary Area – (Thorn Channel). Competitors are reminded to maintain a constant watch for shipping movements, particularly in the Port of Southampton Precautionary Area (Thorn Channel). Your attention is drawn to the ABP Notice to Mariners No.14 of 2019 and any subsequent amendments which covers the movement of shipping and the accompanying sound signals that may be heard. [DP]
 See [http://www.southamptonvts.co.uk/admin/content/files/NTMs/2019%20No%2014%20-%20Port%20of%20Southampton%20-%20Precautionary%20Area%20\(Thorn%20Channel\).pdf](http://www.southamptonvts.co.uk/admin/content/files/NTMs/2019%20No%2014%20-%20Port%20of%20Southampton%20-%20Precautionary%20Area%20(Thorn%20Channel).pdf)
- 3.2 The RC or Protest Committee may protest a boat for breach of the International Regulations for Preventing Collisions at Sea (IRPCAS) or the above regulations on the basis of a report from any source. This changes RRS 60.2(a) and 60.3(a). [DP]
- 3.3 Yachts should check in with the RC each day before the Warning Signal of their first race, by passing close on the starboard side of the Committee Boat. [DP]
- 3.4 Retirement: A boat that retires from a race shall notify the RC by VHF before leaving the race area, or by telephoning the RORC Race Headquarters Cowes +44 (0)1983 295144. [DP]

4 CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any changes to the sailing instructions will be posted on the ONB by 0830hrs on the day it will take effect.
- 4.2 Any changes to the schedule of races will be posted not later than 1900hrs on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the main flagstaff at the RORC Clubhouse, The Parade, Cowes. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS Race Signals.

6 SCHEDULE OF RACES, CLASSES AND CLASS FLAGS

		Friday 10 May	Saturday 11 May	Sunday 12 May
High Water Portsmouth		HW 1620 4.3m	HW 1730 4.2m	HW 1844 4.1m
1st Race Warning Signal		1125 hrs	1025hrs	1025hrs
		Course area		
Fast 40+	Fast 40+	1	1	1
J111	NP4	2	1	1
J109	NP5	2	1	1
Quarter Ton	NP3	1	2	2
HP30	NP 2	2	2	2
SB 20	NN 2	2	2	2
J/70	IC 'J'	Not racing	2	2
Performance 40	NP1	Not racing	1	1

- 6.1 To alert boats that a start sequence will begin, the orange starting line flag will be displayed (with one sound), as an attention signal, at least five minutes before the first warning signal.
- 6.2 The RC will advise competitors via VHF of the order and timing of the start sequence.
- 6.3 No warning signal will be made after 1430hrs on Sunday 12th May.
- 6.4 Each boat shall display its class flag prominently at the stern at least 1.5 metres above deck level. [DP]

7 RACING AREA

- 7.1 Racing will be on the Solent.

7.2 The RC will advise competitors of the intended starting area via VHF, initially 90 minutes prior to the first race warning signal of each day. The main committee vessel for each race area will display a blue RORC flag with a white border, crown and Seahorse.

8 COURSES

8.1 Courses will be advised by VHF before the class warning signal, using the Appendix A (2019 Solent Mark List) or Appendix B (windward leeward course diagram).

8.2 The course signal, compass bearing and distance to the first mark shall be provided by the RC for windward / leeward courses when using laid inflatable marks.

9 MARKS

9.1 The description and colour of any laid inflatable mark that is to be used shall be provided by the RC, using VHF.

9.2 Starting marks will be the RC vessel and an orange inflatable mark.

9.3 Finishing marks will be a RC vessel displaying a blue flag and the nearby finishing mark.

10 AREAS THAT ARE OBSTRUCTIONS

10.1 Boats shall not anchor or kedge in the cable and pipeline area between Stone Point and Gurnard Bay. This area is shown on Admiralty Chart 2036 and is between the line from Stansore Point to Egypt Point and the line from Inchmery House Lepe to Thorness Bay. [DP]

11 THE START

11.1 The Starting Line will be between a staff displaying an orange flag and the course side of the orange inflatable.

11.2 Boats whose warning signal has not been displayed shall avoid the starting area during the starting sequence for other class / start groups. [DP]

11.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS). This changes RRS A4 and A5.

12 CHANGE OF THE NEXT LEG OF THE COURSE

12.1 The position of any laid inflated mark(s) may be adjusted by up to approximately plus or minus 10 degrees relative to the previous laid mark(s) and/or up to approximately 200 metres to windward or leeward without a signal. This changes RRS 33.

12.2 For changes greater than those described in SI 12.1. To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and may remove the original mark as soon as practical. When in a subsequent change, a new mark is replaced, it may be replaced by an original mark.

12.3 In addition to RRS 33 signals, the RC may use VHF radio to assist in communicating the change of the next leg of the course.

13 THE FINISH

13.1 The finishing line is between a staff displaying a blue flag on a RC vessel and the nearby finishing mark.

13.2 When a RC vessel at the finish is displaying IC flag "F", it is the RC's intention to start another race as soon as possible.

14 TIME LIMIT

14.1 The time limit for the first boat of each class to sail the course and finish will be 120 minutes for windward/leeward courses and 180 minutes for round the cans type of races.

14.2 Boats failing to finish within 40 minutes for windward/leeward courses or 60 minutes for round the cans type of races after the first boat of her class will be scored Did Not Finish. This changes RRS 35, A4 and A5.

15 PENALTIES, PROTESTS AND REQUESTS FOR REDRESS

15.1 Rule 44.1 is changed so that the penalty for a boat breaking a rule in Part 2 shall be a One-Turn Penalty (1 tack and 1 gybe).

15.2 Fast 40+ Class only:

Members of the protest committee (judges) may be afloat in Official Boats which will be identified by a Jury flag. In an observed incident, where at least one party clearly indicates their intention to lodge a protest, the judges will display a signal and whistle sound.

- A Green/White flag signal means; 'the judges have seen an incident, and they believe that no rule has been broken'.
- A Red flag signal means; 'the judges have seen an incident, and they believe that a rule has been broken'.
- A yellow flag means; 'the judges did not see the incident and cannot determine whether they believe a boat may have broken a rule.'

15.3 Fast 40+ Class only: In addition to RRS 44.2: A boat may delay taking a penalty up to the next mark rounding whilst a spinnaker is hoisted. No part of a penalty may be taken inside the zone of a rounding mark that begins, bounds or ends the leg that the boat is on when the infringement occurred.

15.4 Boats intending to protest or request redress for an incident in the racing area should radio their intention to the RC as soon as practical after finishing or retiring from the race concerned, naming any other boats involved, and await an acknowledgement. This adds to RRS 61.1(a).

15.5 Exoneration Penalty:

15.5.1 A boat that may have broken a rule of Part 2 or RRS 31 may, after finishing the race concerned and before the start of a related protest hearing, notify the RC that she accepts a 30% scoring penalty.

15.6 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.7 The protest time limit is 90 minutes after the last boat has finished the last race of the day.

15.8 Notices will be posted within 20 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The location and time of hearings will be posted.

15.9 Notices of protests by the RC or protest committee will be posted to inform boats under RRS 61.1(b).

15.10 On the last scheduled day of racing a request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16 SCORING

16.1 One race shall be completed to constitute a series.

16.2 When fewer than four races have been completed, a boats series score will be the total of her race scores.

16.3 When four or more races have been completed, a boats series score will be the total of her race scores excluding her worst score.

17 OFFICIAL BOATS

17.1 Official Boats will display a white RORC flag or a Jury Flag.

18 PRIZES

18.1 Prizes will be awarded to each class. The prize giving will take place at the Cowes RORC Clubhouse on Sunday 12th May, as soon as convenient after racing and any relevant protests. The target time is 1600hrs.

19 RISK STATEMENT

19.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

19.2 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

19.3 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

19.4 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;

19.5 Their boat is in good order, equipped to sail in the event and they are fit to participate;

19.6 The provision of a race management team and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;

19.7 It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any safety briefing held for the event.

20 INSURANCE

20.1 Each participating boat shall ensure that their boat is adequately and suitably insured before racing.

Appendix A

2019 SCRA mark codes. <http://www.scra.org.uk/web/text/2018-19/SolentMarks2019-Zones.pdf>

Appendix B

