



# Rosa Lewis Ladies Lunch

1200 for 1230, Saturday 16<sup>th</sup> March 2019

Pre-lunch drinks are available in the Clubhouse bar from 1200, with a complimentary glass of wine for guests on arrival. Lunch is served from 1230.

The Rosa Lewis Ladies Lunch pays homage to the actions of Rosa Lewis who purchased Castle Rock, now known as the RORC Cowes Clubhouse.

## Ladies Menu

### French Trimmed Chicken Supreme

*Served with a vegetable panache, duchess potato, finished with a wild mushroom sauce*

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### Chocolate Calypso Mousse

*Accompanied by a rum infused whipped cream*

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### Coffee

£22

Per Person

## Guest Speaker – Scaramouche Sailing Project

*Mr Jon Holt, Greig City Academy Sailing Coordinator*

*Since our last visit to RORC, back in 2016, the Scaramouche Sailing Project has made impressive progress in terms of involving young people of all abilities in sailing. Highlights include successfully completing the 2017 Rolex Fastnet Race, representing UK Etchells youth sailing in Miami, competing in Antigua Sailing Week and achieving line honours in the ASTO Small Ships Race.*

*The young sailors from Greig City Academy are looking forward to updating RORC members on their sailing achievements and are keen to explain why it is so important for young people to be given such opportunities and challenges.*



We are now taking reservations for our ever popular two course Ladies lunch, places are £22.00 per person. To make a reservation, please call the Cowes Clubhouse on **01983 293581**, or email [cowes@rorc.org](mailto:cowes@rorc.org)

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